



Rules Progression

What is the rules progression?

To ensure all players have a chance to learn, succeed, and enjoy the game, our league follows a progressive system of rules enforcement. In the early weeks of the season referees are encouraged to coach players prior to (prevention) or after rules infractions. As we progress further into the season, more rules will be strictly enforced. Following the midway point of the year standard rules should be followed in most cases.

By following this format we allow players who are less experienced a chance to grow in their knowledge of the game and get more playing time to enhance their skills.

1st– and 2nd-Grades

Week 1

- Promote dribbling! Correct double dribbles and travelling, and encourage motion toward the hoop (the clock is running, so we want the offense to attack). If a player pulls up their dribble, remind them to pass or shoot. These offenses will not result in a turnover; explain the call and continue play.
- Whistle and turnover for out-of-bounds.
- Remind defense not to extend past three-point line until offense has initiated the play.
- Encourage good defensive positioning. Players should move their feet and not 'reach' or swat.

Weeks 2–4

- Blow the whistle on double dribbles and travels. Stop play, explain the infraction, and restart play at the top of the key (no turnover).
- Continue to encourage proper defense. Foul calls should be made.

Weeks 5–8

- Make all calls as per the rules. Stop play and in-bound from a sideline.

3rd– and 4th-Grades

Weeks 1–2

- Warn players consistently on double dribbles, travelling, and moving screens. After repeated infractions blow the whistle and enforce the normal rule.
- Whistle and turnover for out-of-bounds.
- Remind defense not to extend past three-point line until offense has initiated the play.
- Encourage good defensive positioning. Players should move their feet and not 'reach' or swat.

Weeks 2–8

- Blow the whistle on double dribbles and travels. Stop play and explain the infraction, then enforce the call.
- Continue to encourage proper defense. Foul calls should be made.
- Make all calls as per the rules. Stop play and in-bound from a sideline.

In all cases use discretion for players who need more assistance. Throughout the course of the season, work with the opposing coaches to ensure fair matchups and that all players have a chance to succeed!